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# ASSERTIVENESS IN A WEEK : HOW TO BE ASSERTIVE IN SEVEN SIMPLE STEPS



Paperback. Book Condition: New. Not Signed; Description: 'A useful confidence-building tool for those whose key aim is to find their inner power' Edge Online Being more assertive just got easier Much has been spoken about the assertive communication style, not all of it complimentary! Many people confuse it with being aggressive, bamboozling others into submission and getting what you want, despite what they want. However, assertive communication is not domineering; it's just a means of saying what you mean, meaning...

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- Authored by Michelli Dena
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