



Simplicity for Beginners: The Ultimate Method to Simplify Your Life and Get More with Less (Paperback)

By Jane Andrews

Speedy Publishing LLC, United States, 2015. Paperback. Book Condition: New. large type edition. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.

Simplicity for beginners is a book that celebrates life by owning less and living more. This is a book that encourages people to find value in life with less possession, finding happiness in life other than in material things. The value of life does not reflect in what you own but in what you have accomplished. So how do we start living a simple life? This book is packed with guidelines on how to get started. It is easy to follow and very practical. Some people may not find the appeal in owning less. Nonetheless, reducing the clutter at home is the ideology behind this book, so that you do not have to throw everything away. What more can you get from a simple book? Here is more: o Learn the benefits of living in simplicity o How to eliminate stress from the things you own o How to break free from material possessions that slowly own you o How to find happiness in what is enough Discover the power of...



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