



## What To Do When You Feel Like Screaming (Paperback)

By Brenda Lee Thomas

AUTHORHOUSE, United States, 2009. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This book is about a 12 years old boy who was having problems when he was younger and couldn't get his way; but has learned how to reduce stress and stay out of trouble, by learning behavior management skills. He learns by making mistakes and listening to his family, friends and teachers. He has become an expert on these issues; then goes out to help his family and friends deal with their stress. He also in a cunning way, get his family and friends to do his work and chores. This book will teach children how to think of ways to solve problems, reduce stress and make the right choice to stay in control of their behavior. The book is humorous and fun to read for children and adults. Teachers, Social Workers, Clinical Professionals and Parents will love that this book has a lesson plan, home work, poem, tips to reduce stress and a song. The activities are planned for Head Start Programs to Elementary Schools and will be a great tool for Parents to use at...



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