



## Anatomy of Grief: An Inspirational Guide to Surviving the Death of Your Child (Paperback)

By Barbara Repczynski

iUniverse, United States, 2010. Paperback. Book Condition: New. 213 x 140 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.One thing a parent should never have to deal with is the death of a child. When your child dies, your life, as you have known it, ends. Once the initial grief has past, we all have choices to make. How are we going to deal with this huge change in our lives? Do we curl up into a fetal position and stay there, nursing our grief, for the rest of our lives or do we take a deep breath and move forward. I cannot help you with the first option but, maybe, I can help you with the second. Anatomy of Grief chronicles the path we took back to life. I know you cannot follow that same path, but am hoping my experiences will help you to see that there is a way back. I am also hoping to shorten the time you spend in the grip of grief by teaching you how to open your mind and follow your heart.



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